Team Ortho Monster 10 Mile Race Oct 31, 2009 MN 09071 RR

Start on E Lake Harriet Pky S of W 43rd St, run N, curving W, then N, then W (left) & S on W Lake Harriet Pky, S (right) on Minnehaha Pky, follow vehicle traffic route, N (left) on 14th Ave S, W (left) on 49th St, S (left) on 13th Ave S, W (right) on Minnehaha Pky following vehicle route, N (right) on E Lake Harriet Pky, curving W, finish near the boathouse.

- Start: E Lk Harriet Pky 25.6 m S of lamp post at concrete fishing/viewing stand, which is about 650 m (0.4 mi) N of W Mhaha Pky and 265 m (0.16 mi) S of W 43rd St.
- Mi 1: W Lk Harriet Pky N drain grate across from first parking zone S of Wm Berry Pky.
- Mi 2: W Lk Harriet Pky lamp post at Sheridan Ave S.
- Mi 3: W Mhaha Pky at big wooden sign "Minnehaha Parkway" on NE corner with 50th St W.
- Mi 4: W Mhaha Pky eastbound 1 M W of lamp post opposite 311.
- Mi 5: E Mhaha Pky sidewalk at 549.
- Mi 6: E Mhaha Pky sidewalk at 1100.
- Mi7: E Mhaha Pky center of W-most pier supporting I-35W.
- Mi 8: W Mhaha Pky westbound 5 m W of sidewalk at 908.
- Mi 9: E Harriet Pky 1 m N of 4th lamp post N of W Mhaha Pky
- Finish: E Harriet Pky crack in S curb even with W edge of concrete walk to/from dock. Shared w Half Marathon.

Marked on the curb in red paint.

